



**APRIL  
18-19**

POINT BONITA  
981 FORT BARRY  
SAUSALITO, CA 94965

## **Explore WingChun in Nature with your fellow Students, Sihings and Sifus.**

Space limited to 18. Early bird rate is \$295 paid by April 1. Pay \$310 by April 8. Payment by April 15 is \$325. Act now and don't miss out on this exciting excursion and intensive training.

Contact us at HQ@IAW-US.com or 510-214-2987 to reserve your spot now. Soon you'll be enjoying the fresh air, new ideas and good times together.

Register at the IAW-US HQ or mail a check to Sifu ("Klaus Brand") to 1380 University Ave, Berkeley, CA 94702

## **WHAT TO BRING**

- ▶ Training Uniform
- ▶ Lunch for Sunday
- ▶ Outdoor Shoes
- ▶ Jacket and Warm Layers
- ▶ Water Bottle and Snacks
- ▶ Personal Items and Toiletries
- ▶ Swimsuit, Towel, Sunscreen
- ▶ Notebook and Pens
- ▶ Sleeping Bag and Pillow
- ▶ Camera, Smiles, Humor

**SIFU KLAUS BRAND**

# **Spring CAMP 2015**



### **WHO IS GOING?**

Everyone who enjoys seaside sun and training fun with great people! Come elevate your skills over a weekend of special practice with the IAW-US community. Sifu Klaus Brand, WingChun Grandmaster and IAW Founder, will travel here from the IAW Headquarters in Germany to share with us his latest insights. Only once a year, your Sihings and fellow students gather together outdoors for this biggest event of the year. See what the anticipation is all about. We'd love to have you join us!

### **WHAT IS INCLUDED?**

The fee covers all of your training and housing costs, plus 3 hot buffet meals. Specifically, this includes 8 hours of material Sifu Brand is preparing just for this Spring Camp, an overnight stay at the historic Point Bonita YMCA Retreat Center, plus open access to trails, beaches, ocean and sky. Not to mention the plentiful priceless memories and meaningful bonds you will create by being a part of this WingChun experience.

### **SPRING CAMP SCHEDULE**

#### **Saturday, April 18**

9:30-9:45 AM: Room Check-In  
9:45-10 AM: Camp Orientation  
10 AM -12 PM: Training Unit 1  
12:30-1:30 PM: Self Lunch  
2-4 PM: Training Unit 2  
6-7 PM: Dinner Buffet  
9-11 PM: WingChun Bonfire

#### **Sunday, April 19**

8-9 AM: Breakfast Buffet  
9:30-10 AM: Room Check-Out  
10 AM -12 PM: Training Unit 3  
12:30-1:30 PM: Lunch Buffet  
2-4 PM: Training Unit 4

### **WHAT IS YOUR PLAN?**

Carpooling is highly encouraged, so please contact Sifu Paul at HQ@IAW-US.com if you need a ride or can give one to others. Take 80W from the East Bay and 280N or 101N from the South Bay onto 101N through San Francisco to cross the Golden Gate Bridge. Exit at Alexander Ave (go 0.3 mi). Stay left onto Bunker Rd (go 325 miles), then make a left onto Field Rd. Stay right at fork to enter Point Bonita YMCA parking lot.

**To Learn More About Your Spring Camp Experience, Please Visit:**

[WingChunUS.com/wingchun-spring-camp-2015](http://WingChunUS.com/wingchun-spring-camp-2015)